

**United Neighbors has many special programs that address the specific needs of older adults in our community, including:**

**Daily Money Management** – For those living between Battery Park and 59th Street and from Fifth Avenue to the East River, United Neighbors offers assistance with basic financial tasks. This service is available to clients who are capable of financial decision-making but have conditions that make it difficult to pay bills or review bank statements.

**Meals-on-Heels** – Healthful, nourishing meals delivered on foot during the weekend to our housebound clients.

**Friendly Visitors** – In-home visits from volunteers who provide essential companionship and conversation.

**Senior Center** – The opportunity to enjoy meals, socialize and gain access to services – all in the company of neighbors.

**Emergency Fund** – Critical grants for utility bills, rent, food and other purchases that help our clients continue to make ends meet in times of need.

**With your help, United Neighbors can make an even greater difference in our community.**

**Connect.** Too often, the people who need us most don't know that we're here to help. If you or someone you know could benefit from our services, please contact us. You'll be taking the most important step in connecting a neighbor with the support he or she needs.

**Volunteer.** We're always seeking volunteers to deliver meals, run errands or brighten the day of a lonely older person with a visit. If you'd like to help, please call us for more information.

**Support.** Every contribution to United Neighbors helps us fight the hunger, illness, disability and loneliness that affect the elderly in our community. We rely on support from private citizens like you to fund every service we provide. If you'd like to help, please send a check payable to:

United Neighbors of East Midtown, Inc.  
310 East 42nd Street  
New York, NY 10017

Your donation is tax-deductible within the limits prescribed by law.

For more information about United Neighbors, please call (212) 682.1830, or visit us online at [www.unem.org](http://www.unem.org).



United  
Neighbors  
Serving Seniors

For more than 20 years, United Neighbors has been helping senior residents maintain their most important assets: fulfilled, independent lives. We provide older adults, many of whom are homebound and without any other source of help, with the resources, services and companionship needed to continue living independently at home.

help, hope and friendship

## Who We Serve

## Who We Are

**More than anything else, we're your neighbors.**

Our professional staff works tirelessly to connect older adults with the community services and resources they need. Our trained volunteers, who deliver meals and engage with clients in their homes, are compassionate and dedicated to helping fellow residents preserve their quality of life.

**United Neighbors serves adults, aged 60 and over, who live between 14th and 59th Streets from Fifth Avenue to the East River.**

Hundreds of community residents receive assistance from us each year.

The population served by United Neighbors is growing steadily while remaining nearly invisible; a vast majority of our clients are homebound, and many suffer from chronic illness or disability. More than 20,000 people aged 65 or older currently live in our neighborhood, a number that is expected to double over the next 5 years.

## What We Do

**Our organization provides comprehensive case management that connects older adults with the support they need.**

United Neighbors' social workers work with our clients to secure advocacy, home care, meals, legal help and respite care, and we advocate for benefits like Medicaid and Food Stamps for those entitled to them. Our staff stay involved with clients and their families, offering a much-needed source of expert advice and guidance in planning for the future.

